

World Time Zones Chart

Pacific (PT)	Mountain (MT)	Central (CT)	Eastern (ET)	Atlantic (ADT)	UK* (BST)	C Europe (CEST)	E Europe (EEST)
1.00	2.00	3.00	4.00	5.00	9.00	10.00	11.00
2.00	3.00	4.00	5.00	6.00	10.00	11.00	12.00
3.00	4.00	5.00	6.00	7.00	11.00	12.00	13.00
4.00	5.00	6.00	7.00	8.00	12.00	13.00	14.00
5.00	6.00	7.00	8.00	9.00	13.00	14.00	15.00
6.00	7.00	8.00	9.00	10.00	14.00	15.00	16.00
7.00	8.00	9.00	10.00	11.00	15.00	16.00	17.00
8.00	9.00	10.00	11.00	12.00	16.00	17.00	18.00
9.00	10.00	11.00	12.00	13.00	17.00	18.00	19.00
10.00	11.00	12.00	13.00	14.00	18.00	19.00	20.00
11.00	12.00	13.00	14.00	15.00	19.00	20.00	21.00
12.00	13.00	14.00	15.00	16.00	20.00	21.00	22.00
13.00	14.00	15.00	16.00	17.00	21.00	22.00	23.00

* All times quoted in the conference programme are in UK (BST) time.